

5 Steps to Your NEBOSH IGC Certificate

Your complete guide to success — with expert support, real practice, and full exam preparation.



Created by NEW HSE - Journey with C.A.R.E.
10+ Years of Experience
NEBOSH Gold Learning Partner

Led by Dr Jennet Arshimova, International HSE Trainer



Introduction

Start your NEBOSH IGC journey with confidence

Preparing for the NEBOSH IGC exam can feel like a lot, especially when you are balancing work, personal life and studying. We understand that feeling very well, which is exactly why we created this guide.

At NEW HSE, we have spent more than ten years supporting professionals on their way to earning their NEBOSH qualifications. As an accredited NEBOSH Gold Learning Partner, we know what really works in practice and we are here to guide you through each step of the process. In this e-book, you will find a clear and proven five step system that has already helped thousands of learners prepare successfully for their exam.

Who is this guide for?

- Health and Safety professionals aiming for an international qualification
- Managers responsible for safety in their organisations
- People preparing for their first NEBOSH IGC exam
- Anyone who wants clear, structured learning instead of confusing self-study



Why NEBOSH IGC matters

The NEBOSH International General Certificate is recognised around the world and is one of the most trusted health and safety qualifications. Earning it can open new career opportunities, strengthen your professional credibility and give you the confidence to take on greater responsibility. It also helps you build safer workplaces for the people you work with every day.

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About us

For more than 10 years, we have been supporting professionals from many different countries in earning their NEBOSH qualifications. As an accredited NEBOSH Gold Learning Partner, we bring together real experience, personal tutor support, interactive learning and a clear step by step system that helps you work towards your NEBOSH IGC certificate with confidence.

Under the guidance of Jennet Arshimova, an experienced international HSE trainer, you receive more than just knowledge. You get real practice, thoughtful support and the feeling that someone is genuinely with you at every stage of your learning journey.

Thousands have already trusted us. Now it's your turn.

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LEARNERS' REVIEWS



See what our learners say about their experience with us.

I thoroughly enjoyed our NEBOSH IGC course. It was a great learning experience, and I was particularly impressed with the course structure. Having read the coursebook beforehand, I realized during the course how effectively the material could be delivered. I especially happy with our insightful discussions and exchange of thoughts, not only with our tutor but also with my fellow learners. It was a wonderful opportunity to push myself beyond my comfort zone, which I believe is vital for development. Speaking in front of others can be daunting, but it's only through these experiences that we can truly grow. This course has been incredibly important to me, and I'm keen to continue learning and developing. I found what I was seeking here, and I'm certain that this marks just the start of our journey together. Thank you so much for your dedication.


Bartosz Kuniewicz
NEBOSH learner in NEW HSE

“

I really want to say THANK YOU. My previous experiences with safety professionals were quite different from what I have encountered here. This course has renewed my belief in the importance of prioritizing care for people. I am so HAPPY to be here, where I see people around me – experienced Health and Safety professionals – who share a similar point of view. It is incredibly POSITIVE for me. I was quite scared before starting the NEBOSH IGC course, but this experience shows me that there are people who genuinely want to make a difference in health and safety, just like I do.

Marta Formela
NEBOSH learner in NEW HSE



“The way the classes were conducted ensured that all participants were actively engaged.”

“I am very impressed with the commitment of the entire NEW HSE team. Jennet's knowledge, energy, and belief that we can improve the world inspires us. Best regards :)”

“What I liked most was the focus on applying logical thinking to the learning, based on clear evidence and explanations.”

“Practical examples and a strong connection between theory and practice.”

“Our teacher, Jennet Arshimova, was very clear and made it a point to ensure that everybody understood and participated. She provided clear examples and explanations for everything she taught. When guiding us on answering the OBE questions, she dedicated a lot of time to helping us improve and correcting us when we were wrong, repeating ourselves, or not answering the specific question, etc. ”

5 Steps to...

Get to know the 5 steps that will guide you towards your NEBOSH IGC qualification.



What makes NEW HSE different?

- Personal tutor support (not just automated e-learning)
- Real feedback on your work within 5 days
- Clear, step-by-step system proven to work
- 10+ years of experience in NEBOSH exam preparation
- Official NEBOSH Gold Learning Partner



Step 1

Learn with **interactive** content

Your learning journey begins with interactive lessons that make even the more complex health and safety topics clear and practical. The course is built around 11 comprehensive elements. In each one, you will find videos, presentations, extra reading materials, quizzes and homework tasks. Everything has been prepared to help you understand the material and gradually build your confidence before the exam.

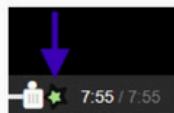
Every part of the programme has been created by tutors with years of experience in preparing learners for the NEBOSH IGC exam. Thanks to animations, real life examples, practice tasks and ongoing engagement, you do not just learn the theory. You learn how to use it in real situations.

You study at your own pace, but never on your own. Every step of the course is designed to keep you moving confidently towards exam success.

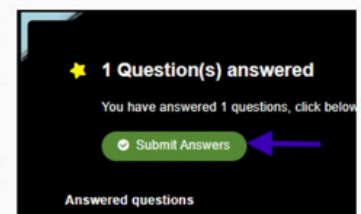


Before we begin, I want to let you know that each lesson starts with a recording, at the end of which you will receive a small task to complete—so listen carefully. 😊

To proceed to the next lesson, you will need to submit your answer. At the end of the video, you will see a window with a button, just like in the image next to this text. Click Submit Answer, and a button will appear below the video, allowing you to move on to the next stage.



If, for some reason, the black screen with the Submit Answer button does not appear, please press the star at the end of the recording—just like in the image next to this text.



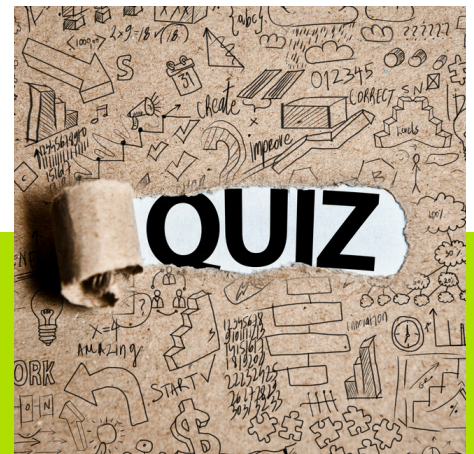


STEP 2

Practice with daily assignments

Theory on its own is never enough. That is why regular practice is such an important part of your preparation. After each learning section, you complete short assignments and exercises that help you put the material into real use. These daily tasks let you strengthen your knowledge step by step, spot areas that may need a little more focus and build confidence before moving forward.

All assignments have been carefully chosen to reflect the kinds of questions and scenarios you may see in the NEBOSH IGC exam. With each task, you are not only practising. You are actively preparing yourself for exam success.





STEP 3

Test yourself with a full mock exam

Before you take the real NEBOSH IGC exam, you will have the chance to fully check your knowledge and skills in a complete mock exam. This full simulation lets you get familiar with the exam structure, practise answering real case studies and use everything you have learned in conditions that feel close to the actual assessment.

After you submit your mock exam, your tutor will review it and send you detailed, personalised feedback within 5 working days. This expert guidance will show you exactly where you are strong and where you may need a little more focus. It helps you fine tune your approach and walk into the official exam feeling confident and well prepared.





Step 4

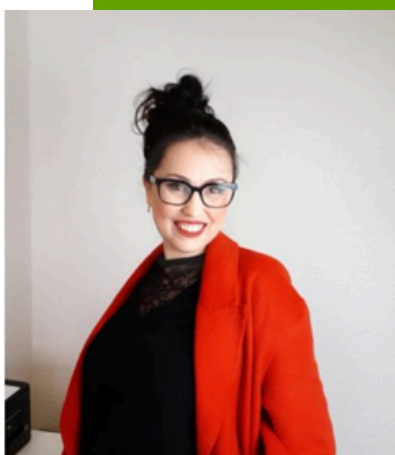
Get **tutor support** & online live review session.

You are never alone on your NEBOSH journey. Throughout the entire course, you have full access to your tutor and our support team, ready to answer your questions, explain difficult topics, and guide you whenever you need it.

In addition to ongoing individual support, you will also take part in **two dedicated live online review sessions** with your tutor, where you will revise key topics, practise exam techniques, and receive personalised feedback to strengthen your preparation before the exam.

Whether you need clarification on a concept, comments on your assignments, or extra motivation, our experienced tutors are always here to help. This personal approach ensures you stay on track, overcome challenges, and feel fully confident from your first lesson to your final exam.

Our tutors



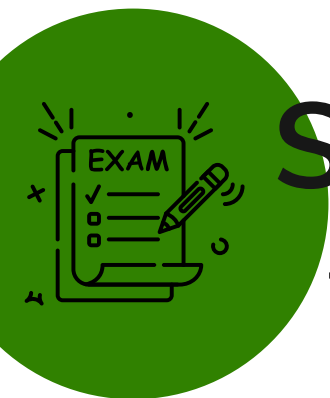
Jennet Arshimova



Włodzimierz Kaczmarzyk



Anna Krajewska-Bijata



STEP 5

Take the official **NEBOSH IGC exam**

The NEBOSH International General Certificate qualification includes two assessments, both designed to test your knowledge and ability to apply what you have learned:

Open Book Examination (IG1) (24-hour scenario-based assessment)

You will receive a workplace scenario and a set of tasks based on it. The exam challenges you to analyse the situation, identify hazards, recommend suitable control measures, and demonstrate your understanding of core health and safety principles. You complete this assessment at home, with access to your materials, within a set time limit.

Practical Risk Assessment (IG2)

In this task, you will conduct a full risk assessment for a real or simulated workplace. You will identify hazards, assess risks, and suggest appropriate, practical control measures. This assessment shows that you can apply your knowledge in a practical, real-world context.

Both assessments are equally important and work together to show that you not only understand the health and safety theory, but can also apply it in real situations.

For more detailed information on both exams and how to prepare, visit:

<https://newhse.pl/en/blog/egzamin-nebosh/>

NEBOSH IGC Assessments

IG1: Open Book Examination (OBE),
You'll apply your knowledge to a real-world scenario.

IG2: Risk Assessment (RA)
You'll complete a practical assessment.



Your NEBOSH journey starts now!

With our proven system, experienced tutors and real personal support, you have everything you need to succeed. Your role is simply to take the first step. And remember, you are never alone on this journey.

- ✓ Full tutor support
- ✓ 2 live online review sessions with your tutor
- ✓ Proven preparation system
- ✓ Mock exam with personal feedback (within 5 working days)
- ✓ NEBOSH Gold Learning Partner

Join thousands of professionals who trusted NEW HSE.
Start your NEBOSH IGC journey today.

Join the course!

